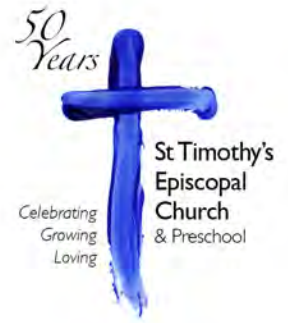




# The St. Timothean



## Bikes for the Priests of Nzara, Sudan

By The Rev. Canon Milton Cole-Duvall

From Mary Scout's god-parent, Anna Catherine Loomis of Portland, Oregon to Mary's former senior warden, Mark Attix, at Christ Church in Christianna Hundred, Delaware to many of you here at St. Timothy's in the diocese of Iowa, dozens of people responded to the call to provide transportation to the priests in Bishop Samuel's Diocese of Nzara in the Sudan.

In March, when I was at All Saints Cathedral, Nzara for then Fr. Samuel's consecration, I saw a need for transportation assistance. I learned that clergy had walked to the service: one for 108 miles, another 83 miles, another 71 miles, and on and on to attend the consecration. I saw a bicycle shop in Yambio and inquired as to the cost of a bike and learned that a bike with lock, repair kit, basket and a second rear seat could be purchased for \$125.

Upon my return, I shared the dream of purchasing 100 or more bikes for the diocese with Bishop Scarfe. In anticipation of Pentecost, the Rt. Rev. Alan Scarfe challenged every parish in the Diocese of Iowa to raise money to purchase 2 bicy-

cles for the Diocese of Nzara. The story of transportation needs became known at St. Timothy's and people began to purchase bikes. Four bikes were given in celebration of Mary's May birthday. Other people donated bikes in honor of family and friends. The number of bikes quickly grew beyond the diocesan suggestion of two bikes.

Sarah Wilson enthusiastically offered up the idea of a "Bishop's Bike-Run-Walk-Stroll." Sarah, Dee Mable and others came up with an event at Raccoon River Path in West Des Moines on "8-8 from 4 til 8." (August 8<sup>th</sup> from 4 until 8.) The day was HOT, HOT, HOT! Some who planned to physically participate indicated that they would double their contribution if they could be dispensated from physically participating.

The event facilitator happily agreed to the new contribution plan! The day resulted in the fund growing to over \$1,198 for nine bikes. The Diocese has collected \$15,355.70 thus far (Note that \$3,250.00 of that amount was donated by St. Timothy's- enough money

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to buy 26 bikes!) The generosity of the people of St. Timothy's means 26 priests will become mobile with a bike. Thanks be to God for the generosity of the people of St. timothy's towards the Episcopal Diocese of Nzara Sudan.

The amount collected is \$20 short of purchasing 124 bicycles. Thanks to Bishop Scarfe in his vision and leadership of this call to respond to enable the clergy of Nzara, The Sudan, to spread the Gospel more widely and "thanks be to God" for all that responded.



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# Vestry Update

By Karen Voss

The beginning of a new program year has brought changes to your vestry. Unfortunately, we needed to say goodbye to Diane Hernandez. She will begin graduate studies at Drake University this fall and her classes conflict with vestry meetings. We will miss the

dedication and thoughtful insights which she brought to the table. Diane was a member of the class of 2012 and liaison to Community Ministries.

Stephanie Andrews was approved by the vestry to complete Diane's term.

Stephanie has served previously on the vestry and enthusiastically accepted this call. She has already signed up to support the preschool this coming year by reading and participating in holiday parties! We're pleased to have Stephanie back on board.

## July Vestry Notes

By Jim Lynch, Clerk

Present: Marshall Little, Jack Hovden, Jim Lynch, Maureen Hada, Vincent Preston, Tammy Guy, Jenna Guy, Josh Wilson, Lisa Hall, Karen Voss, Mary Cole-Duvall, Kim Harman (bookkeeper), Tim Goldman (prayer team), Jeanie Smith  
Not Present: Diane Hernandez, Mary Garrells, Elizabeth Mansfield, Krista Tanner.

Prior to the meeting, the vestry approved (via email) Preschool-West Des Moines contract for 2010-2011 school year.

### July 20, 2010

Josh Wilson led the opening prayer.

Vestry members shared highs and lows.

The vestry approved the June minutes. **(Lynch/Hada)**

### **Treasurer's report:**

#### **Preschool budget report.**

Kim Harmon briefed the vestry on receipt of the Project Shine tuition check for May and June, use of remaining grant money this summer.

**Building fund.** Kim Harmon briefed the vestry on the lack of expenses

charged against the Building fund in June and July and spike in contributions to the fund in June and July, leaving a total of approximately \$52K in the fund.

### **Financials for June/July.**

Kim Harmon briefed the vestry on the Operating Balance Sheet. She discussed assigning YAC shack funds to pilgrimage funds, and that the bible school came in under budget, around \$5.5K is currently in the Sudan Ministry designated fund (this money was raised throughout the D.M. area St. Timothy's served as a clearing house for that purpose). Overall, contributions are ahead of the 2010 budget projection and expenses are under the 2010 budget projection. The bill of unscheduled maintenance for the basement flooding came in at approximately \$3k (water removal, drying of the carpets, etc.). The vestry approved the June Financials. **(Little/Hovden)**. The vestry approved the July Financials. **(Guy/Hada)**.

Mary Cole-Duvall discussed the process for the potential Nomination for Vocational Diaconate. Vincent Preston read a letter from the Discernment Team recommending that the vestry consider Jeanie Smith's call to the Diaconate. Jeanie Smith had a conversation with the vestry regarding questions about the potential nomination for Vocational Diaconate. Mary lead the vestry in a prayer for Jeanie. The vestry approved Jeanie's discernment for Vocational Diaconate. **(Guy/ Wilson)**

Mary Cole-Duvall discussed a request approval for increase from 10 to 15 paid hours per week for the Christian Formation Director, redirecting unused funds from the communication intern position. The vestry approved the pay increase from \$625 (40 hours/mo.) to \$895.83 (60 hours/mo.) starting on September 1, 2010. **(Hall/Guy/**

Karen Voss discussed Barb Cobb leaving the Treasurer's post and the next

*(Continued on page 4)*

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# The Youth Page

A St. Timothean page dedicated to youth happenings at St. Timothy's.

## EYC Activities

By Lacey Howard

(For additional information, contact Lacey (LNHoward@hotmail.com))

### Happening 29

If you are entering 9th-12th grade, you should consider attending HAPPENING, a weekend retreat for high school students where you'll live in community, sing, talk, pray, and make friends with other high schoolers from around the

state. Our own Jenna Guy is one of the weekend's leaders! There are other St. Timotheans serving as staff and attending as participants. Please keep them in your prayers as they give themselves to this retreat which will be hosted by

Trinity Cathedral Davenport over Labor Day weekend. If you want to attend, download forms at [iowaepiscopal.org](http://iowaepiscopal.org) under Youth and events. Or, contact Lacey at LNHoward@hotmail.com for more information.

### Meals from the Heartland

EYC will participate in Meals From The Heartland from 4pm to 6pm at HyVee Hall in Des Moines on Sunday, September 5. Please join us for this fun, productive, wonderful way to help our neighbors in need. See the church bulletin boards for permission forms or RSVP to Lacey at LNHoward@hotmail.com.

### New Beginnings

*New Beginnings* is coming soon! New Beginnings, a weekend retreat designed for 7th thru 9th graders, will be hosted October 8-10 by St. Luke's, Cedar Falls. This weekend retreat is

filled with fun, food, games, small group time, and an opportunity for youth to talk about relationships in their lives. If you want to attend—as a staffer or as a

participant—download forms at [iowaepiscopal.org](http://iowaepiscopal.org) under Youth and events. Or, contact Lacey at LNHoward@hotmail.com for more information.

### Medical Forms

**MEDICAL FORMS** Please provide updated medical forms for each youth participating in EYC for the 2010-2011 school year. If you did not receive a form via e-mail from Lacey, you can find blank forms on the church bulletin boards. Thank you for providing up-to-date info and helping me keep our youth safe at events.



I never saw a moor,  
I never saw the sea;  
Yet know I how the heather looks,  
And what a wave must be.

I never spoke with God,  
Nor visited in heaven;  
Yet certain am I of the spot  
As if the chart were given.

Emily Dickinson

(Continued from page 2)

step to fill that need. Karen asked that everyone to think about who might be interested in filling that position.

**Building and grounds report:** Marshall Little provided an update on deferred maintenance issues and unscheduled maintenance. Marshall discussed the approval of the \$46k loan from the Diocese, the current plan to have the clerestory repaired in mid-August and the sanctuary roof repaired in late-August. Marshall discussed various alternatives for window units in the parish hall and/or preschool, he will provide a proposal to the vestry via email later in the month.

Karen Voss provided an update on 2010 plans for Consecration Weekend. Mary

Sheldal will be spearheading this event on the 23<sup>rd</sup> and 24<sup>th</sup> of October. The format and name of the event will likely be revised and Mary will be coming to discuss the revised format with the vestry during the August vestry meeting.

Karen Voss provided an update on the resignation of Diane Hernandez from the vestry to go back to school. Karen discussed finding a replacement liaison to community ministries for the next 18 months.

The vestry approved \$450 to support Meals of the Heartland. **(Guy/Hada).**

**Clergy report.** Mary discussed several visits with new visitors. Mary is sched-

uled to take some training regarding the constant transitions occurring in congregations, the course includes a 3 day event in September and a 5 day event in December. Mary mentioned that the MAPPP team will be coming to the August meeting to discuss the vestry members being spiritual leaders. Also, Bishop Samuel will be coming in the end of Oct. into Nov. Jack Hovden discussed the issue of neighbors parking in the St. Timothy's parking lot.

Josh Wilson led the closing prayer.



## August Vestry Notes

By Jim Lynch, Clerk

Present: Diane Hernandez, Mary Garrells, Karen Voss, Vincent Preston, Jim Lynch, Marshall Little, Maureen Hada, Elizabeth Mansfield, Tammy Guy, Jack Hovden, Josh Wilson, Mary Cole-Duvall, Bev Blaha (prayer team), Mary Sheldahl (Stewardship Weekend), Ronda Menke (MAPPP), Kevin Saunders (MAPPP)  
Not Present: Krista Tanner, Jenna Guy, Lisa Hall,

### August 17, 2010

Vincent Preston led the opening prayer. The vestry approved the July minutes. **(Hada/ Hernandez)**

Mary Sheldahl provided an update on 2010 plans for Stewardship Weekend. The

format and name of the event is to be updated from Consecration Weekend to Stewardship Weekend. Mary is recommending a goal of 100% funding of the budget, 100% pledging of some volunteer time, and 100% pledging of some financial giving. The parish may be broken down into groups of 10-15 people in groups of similar age and/or service attended. Vestry members and other volunteers may be hosting 45 to 60 minute meetings for these groups at their homes or at the church to discuss the budget and the pledge cards during the first three weeks of October. The filling out of pledge cards will occur on the 6<sup>th</sup> and 7<sup>th</sup> of November.

Mary Cole-Duvall led a Scripture discussion of Ephesians 6:10-18.

Kevin Saunders and Ronda Menke from the MAPPP team lead a discussion of the continuing efforts of the vestry to cultivate a culture of discernment. The discussion focused on accentuating the spiritual aspects of serving on the vestry.

Karen Voss led a discussion of vestry nominations for an open position for the remainder of Diane Hernandez's term. The vestry approved a motion that Stephanie Andrews fill the remainder of Diane Hernandez's term **(Hovden / Garrells)**

(Continued on page 6)

# Faith & Grace Garden Update - August is a Terrific Month in the Garden

By Tim Goldman

It is only August 23, but this month will already go down as a real "bin buster" in the St. Tim's Faith and Grace Garden. Just compare August to date to the totals for last month:

Units in Lbs	July	Thru 8/23
Tomatoes	43	477
Gr Beans	108	190
Potatoes	75	160
Zucchini	79	89
Total All Veggies	487	1,067
Corn	38 doz	2 doz

The total for all veggies includes onions, beets, carrots, Swiss chard, herbs, lima beans and other produce that was not among the top producers listed above. Actual totals for produce from the garden

probably range higher than what is shown here. We simply do not get everything weighed and recorded before it is delivered to one of the local community centers.

At the same time, all the rain this season has really dampened our pepper production. Our 150 pepper plants have only produced about 16 pounds of peppers all season! And some of our busiest "volunteers" in the garden are hungry deer, raccoons, rabbits and squirrels!

Below are pictures from the "Great Rabbit Round Up" held after the Friday night picnic on August 6. Everyone lined up at one end of the garden and attempted to drive two bunnies out of the garden through a hole opened up in the fence for this purpose. Needless to say, no bunnies were displaced from their home during the filming of this episode.....



Karen Voss puts on her "Bunny Scarin" face!



Rabbit Wranglers Prepare for the Big Bunny



**2010 Annual Parish Picnic**



St. Tim's Annual Parish Picnic  
September 12 after 10:15 service.

Great food and fun  
For kids and adults alike

Sign-up in the parish Hall



Questions, or to volunteer, contact  
Krista Tanner (223-5619 or [kristakt@mchsi.com](mailto:kristakt@mchsi.com))  
Maureen Hada (267-9244 or [maureenhada@yahoo.com](mailto:maureenhada@yahoo.com))

(Continued from page 4)

Mary Cole-Duvall discussed the time line for forming the 2011 budget.

**Building and grounds report:** Marshall Little provided an update on deferred maintenance issues and unscheduled maintenance. Marshall discussed the current plan to have the clere-story repaired starting on August 23<sup>rd</sup>. Marshall discussed various permanent and temporary alternatives

for air conditioning in the parish hall and/or pre-school.

Karen Voss discussed the need for six parishioners to be delegates to the Diocesan Convention on the 29<sup>th</sup> and 30<sup>th</sup> of Oct. Josh Wilson volunteered to take the lead on finding delegates.

Tammy Guy discussed a request for vestry support for Happening by donating small tokens for the attendees.

Karen Voss discussed the vestry finding ways to support the Preschool throughout the year and passed around a sign-up sheet.

Mary led a prayer for Diane thanking Diane Hernandez for her service on the vestry and wishing Diane the best of luck as she goes back to school.

Vincent Preston led the closing prayer.

## One Year – One Commitment; Retired Priest Helps to Build the New Diocese in Nzara, Sudan

BY Diane Hernandez

When Father Samuel came to Iowa to study, his story moved many people into action. His was the story of the Sudanese people, who suffer poverty and war as part of everyday existence. For some, the call was small but significant, perhaps a donation for a roof or bikes. For others, like Bob North, the call required a much bigger sacrifice. Bob North, a retired Dubuque-area priest, and his wife, Karen, recently departed for the Sudan, where they will spend a year helping with the development of now-Bishop Samuel's new diocese in Nzara. Many churches and individuals donated funds. These donations, along with grant money and the North's willingness to serve, are making this important mission possible.

North recently sent his first update from Kampala, the capital of Uganda, which is south of Sudan. They are staying there in

the home of Bishop Samuel's sister-in-law, while preparing for their work in the new diocese. Below are highlights from his e-mail, outlining the joys and challenges of working in Africa. [The Diocesan Development Plan](#)

"The Diocesan Development plan we are using as a blueprint for our actions was developed at long meetings held over the last six months. These meetings involved church lay and clergy leaders as well as various community elders, and calls for the building of many new, permanent buildings. Every church building, except the cathedral, in this diocese is made with mud bricks that disintegrate when it rains and of grass roofs that have to be replaced frequently. There are no decent health infirmaries in the smaller communities and many of the schools operate under trees and do not meet when it rains, as it frequently does. The develop-

ment program includes evangelism initiatives to bring the gospel to those who have not heard it, micro-financing programs to empower women, the training of healthcare workers, and educational programs that are much needed." [Purchasing Building Equipment](#)

While in Uganda, the Norths are buying what will be needed for their work in Nzara. "Our biggest purchase has been a four-ton 2002 Isuzu dump truck for hauling cement, rocks, sand, and tin roof materials for various building projects as well as people." They also have purchased two electric generators, and two cement block-making machines that are capable of producing some 500 blocks a day. The machines can then be transported to the sites of various churches to make the blocks needed to build new church buildings, infirmaries, and schools.

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# On Being Episcopalian: The Birth of St. Tim's (1956-1961)

By Terry Swanson

Yesterday I heard that Shirley Cruse died. It made me think of all she and John have meant to St. Timothy's. I had the privilege of working with Shirley several times over our past 25 years at St. Tim's but two stand out with particular brightness.

The first was when she was superintendent of the Sunday School. She worked really hard at getting everything ready. What struck me most though was her advice as to the bottom line for us as teachers. She said, "What we want them (the children) to know above all is that St. Tim's is God's house and no matter where they are in their life, they can come here and find love and safety for everyone is here to serve God and to love them as God does."

The second was a few years ago when she and I wrote St. Timothy's, "50 Years of Memories!" What a fount of information she was about our early years - because, of course, she and John, were a part of them.

Those of you who were here four years ago had an opportunity to relive those early memories or to read our pamphlet. But since many of you are new in the last few years, I thought you might not mind a little history lesson. I'll have to split into two sessions because those early years were really busy ones.

It all got rolling in January 1956 when sixteen people, including Shirley and John Cruse met to hear of an offering from St. Paul's to sponsor a new congregation in the western suburbs. By the second meeting, the interested group had swollen to 39 people from eighteen families. At the time St. Paul's was negotiating for the purchase of two acres of land on Ashworth Road as a site for the church which would serve West Des Moines and nearby communities. Purchase price was given as \$14,500 including \$2500 for waterlines and paving.

In April a committee, including Shirley, met and decided upon St. Timothy's as the name of the new church, which was named after St. Paul's "beloved son in faith."

Soon after the St. Timothy's Club was organized as a gathering for people interested in the coming new church. And, of course, then there was the women's group: St. Clare's Guild was founded and began plans for a holiday bazaar to raise money. Note: The first president of St. Clare's was Shirley.

During these early months, services were held at the Masonic Hall in West Des Moines. The first service on September 9th was attended by 72 people and there were 15 children in the nursery.

The first St. Timothy's choir was formed in January 1957. Also in January 1957 the first parish meeting was held in the crypt of St. Paul's. By the end of the year, the building fund stood at \$62,000. The congregation now had 45 families and 56 children.

The cornerstone was laid on August 10th 1958 and the first service was held on December 15th. At that time the building consisted of the basement and what is now the fellowship hall and office area. Services were held in the fellowship hall.

In 1959, Fr. Hedges became full-time Vicar to the new congregation which had grown to 400, including 140 children. The church school was held in the open basement room until some portable partitions were ordered.

In 1960, the total budget was \$12,200 with a \$5,000 salary plus \$1200 rent allowance for the vicar. Pledges for the year were \$13,000

Growth continued in 1961 when the congregation adopted the articles of incorporation which were required to make it a parish. That year was also the first year a full delegation represented St. Timothy's at the Diocesan Convention in May. At that time, St. Tim's was accepted as a full parish by the diocesan convention.

## New Date for Stewardship Weekend

By Mary Sheldahl

**Stewardship weekend, *A Call to Give and A Call to Serve*, will be held November 6 & 7, 2010.**

**It will be a time of asking, praying and giving.**

During the weekend you will be encouraged to fully participate in the spiritual practice of generosity. You will be asked to make a pledge to fund our budget. You will be asked to pledge your time and talent toward the work of the church. Giving is part of your spiritual development and Christian commitment. It is important that everyone get in the habit of giving your time, talent and treasures in gratitude for all God has given you. These are truly Habits of the Heart.

## A Call to Give~ When Re-Gifting is a Good Thing

By Jennie McKinney

I love gift-giving, don't you? The pretty paper, ribbon, finding the perfect gift for someone. Nothing like it.

Then, someone gives you something they got from Aunt Helen, say a velvet painting of a Harley Davidson. Nothing against Harley Davidson, but on velvet? Really??? This is why re-gifting has gotten a bad name, right?

As Christians, we are expected to re-gift. Only we do it right!

Each of us is given gifts. Not one, but many. One condition. That when God calls us to use them, we do. In essence, taking the gifts we were given and giving them to another, just in different packaging.

Now, picture this. Each of us bringing our gift to the table with others who brought their gifts, too. The repackaging begins, but on a whole new level. The gift now becomes not a White Elephant, velvet painting, but a young

man's service project that feeds hundreds of people.

So, that must mean our gifts tend to get better the more we share them in community, too! That's powerful stuff, right?

We've proved that theory over and over again in our ministries here at St. Timothy's. We make an impact, both individually and as groups. We have a lot to be proud of. If you ever question the difference each of our ministries makes, you should get a copy of our Annual Report Card. Being fairly new to the fold, I was AMAZED by what we accomplish here...and even more committed to being a part of it all! Here are a few highlights of 2009:

Community Ministries garnered 2368 Casseroles, including 471 dozen hard-boiled eggs, to be distributed to the homeless, while \$10,456 was donated to the Faith and Food fund. CFI's Domestic Violence Services was sup-

ported with service related projects, dinners, and personal care items. "Friends of Bishop Peni" was established to assist in his ministries in the Sudan.

A thriving Christian Formation ministry continued to support both children and adults with quality education. 17 students participated in the confirmation program while NOOMA classes provided adults with a new educational format.

Liturgy & Music provides for a bi-monthly Eucharist at Deerfield Retirement Community. In addition, our choir continues to shine with masterwork performances, collaborations with other area choirs, and expanded children's music offerings to services.

Pastoral Ministries continues to support the St. Timothy's community with everything from Lay Eucharistic Ministers to Manna from Heaven to Prayer Shawls and a SU-

*(Continued on page 10)*

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# September is a Month for Beginnings....Again!

By Jeanie Smith

Our annual calendar tells us that January 1 is the first day of the new year. Our liturgical calendar tells us that late November or early December is the beginning of a new church year with Advent 1. But really, culturally, here in the USA, our new year begins in September. Yes, schools have already started in late August, but doesn't Labor Day really mark the end of the year and the beginning of new things?

So we at St. Timothy's will also begin a number of new educational programs as the "new year" gets underway.

Please use the registration form enclosed with this issue of the St. Timothean to register your kids for our Christian Formation classes!

## **Christian Formation for Kids**

While our wonderful Ark program for children aged 3 until they go to Kindergarten continues year-round, our Christian Formation classes for school-aged children take a summer break and will resume on Sunday, September 19.

### **Godly Play**

Our curriculum for children in Kindergarten through 4<sup>th</sup> grade is Godly Play. We have made a few changes this year and will combine Kindergarten, First and Second Graders together in one classroom. That enables us to keep our former second/

third grade group together as this year's third/fourth graders. Godly Play is an experiential curriculum, based in the Montessori method, that emphasizes storytelling our foundational Bible stories and wondering about their meanings. This curriculum has been highly successful with our younger children, but it relies heavily on good storytellers and "doorkeepers." If you would be interested in learning more and helping with door-keeping or learning the storytelling art, please call or e-mail Jeanie Smith (554-3764; [jeanie4816@yahoo.com](mailto:jeanie4816@yahoo.com)) or leave a message for her on the church phone (225-2020).

### **Godly Play Extreme (GPX)**

We are trying some new avenues with the enrichment stories from the Godly Play curriculum for our kids in fifth and sixth grades. Just as GPS systems help us to find our way geographically, so we are hopeful that these GPX stories that focus on the lives of saints and persons of faith can help us to know how to live out our faith in the real world today. As with the Godly Play curriculum, there are opportunities to serve as a doorkeeper and/or storyteller if this ministry calls to you.

### **Rite 13**

Rite 13 is the first two-year portion of the six-year Journey to Adulthood curriculum that we use for our

teens. 2010-2011 marks the second year of the Rite 13 program for our kids entering seventh and eighth grades this year. The entire Journey to Adulthood curriculum focuses on self, society, sexuality and spirituality and looks to develop six essential skills of adulthood. The underlying philosophy of the program is that manhood and womanhood are gifts from God, but adulthood has to be learned and earned. Critical to the program is the formation of a group identity and strong peer relationships. We start a new Rite 13 group every other year. So next year, in September 2011, we will start a new Rite 13 group with the current fifth and sixth graders who will then be sixth and seventh graders.

### **J2A**

J2A is the second two-year segment of the Journey to Adulthood curriculum and is for teens entering ninth and tenth grades. Again, we are in the second year of a two-year curriculum. This year we will be planning a couple of trips with the group. More about those later!

### **Young Adults in the Church (YAC)**

We look to incorporate our oldest teens into the full realm of ministries in the church. These older teens are busy on Sunday mornings being teachers, ushers, lectors, litanists, etc., so they meet periodically as

part of our Episcopal Youth Club (EYC) and occasionally at other times.

### **Christian Formation for Adults**

#### **Sunday Adult Forum**

We will continue with the NOOMA DVD series as we begin a new year for the Sunday Adult Forum (9:15 am on the lower level). This highly-acclaimed series of reflections by Rob Bell, is thoughtful, provocative and launches great discussions! Come see for yourself!

#### **Thursday Morning Bible Study**

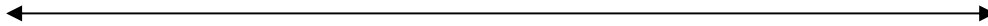
As this issue of the St. Timothean goes to press, we are still deciding on which curriculum materials we

will use for our next unit in our Thursday morning studies. We begin on Thursday morning at 9:00 a.m. with a service of Morning Prayer and begin our study at 9:30. If you're interested and want to know more, please call or e-mail Jeanie Smith (554-3764; [jeanie4816@yahoo.com](mailto:jeanie4816@yahoo.com)). We should have details by then!

#### **Parent Education**

We are contemplating starting a series of parent education entitled "Empowering Your Child to Be Who God Intended." This series has been highly recommended to us by a couple of our parent/parishioners. The series would be for parents of any age child(ren), but is

specifically looking forward to the pre-teen and teen years. If this is something that you would like to see us bring to St. Timothy's, please let Jeanie Smith know (554-3764; [jeanie4816@yahoo.com](mailto:jeanie4816@yahoo.com)). You can also call the leave a message at the church or drop a note in Jeanie's mailbox in the church office.



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PER-STRONG Prayer Team.

Parish Life keeps us celebrating together. The Parish Picnic, First Sunday Men's Breakfast, Geodes, the Welcome BBQ, and the Easter Vigil Reception are testament to the closeness of this community!

Administration is always working behind the scenes to keep us up and running. It's not a glamorous job, but someone has to do it! Staffing, bean-counting, budgeting, interior and exterior improvements, newsletters, websites, the MAPPP team, WHEW!

And lastly, our very own PRESCHOOL! While in the past it may have been difficult to see how it is a

part of our CHURCH, efforts are being made to make a better connection. Keep an eye out for more information and volunteer opportunities! It is our hope that you will find the Preschool an added and vital part of our church...

So, with all that we do so well here, we would love to have you join us to share YOUR gifts. While we won't have a formal call to service until November, it's a great time to "test-drive" a ministry that you feel drawn toward. If you're not sure where you fit, give me a call. If you think you don't have time, call me. If you know EXACTLY what you want to do, the number is 225-2020. There's not one job that requires a 24/7 com-

mitment. Consider an hour or two a month. Or a casserole or two a month. Help out with a party. Pray for someone. Read a book to a child. Jump in with both feet! A gift isn't a gift until you GIVE IT!

I look forward to helping you find where your gifts will shine.

*Teach us, good Lord,  
to serve you as you deserve :  
to give,  
and not to count the cost,  
to fight,  
and not to heed the wounds,  
to toil,  
and not to seek for rest,  
to labor,  
and not to ask for any re-  
ward,  
save that of knowing  
that we do your will.*

*--- Ignatius of Loyola*

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# Preschool Update

By Elizabeth Maxwell

August 26th and 27th marked the beginning of our 2010-2011 school year! Fifty children came through the doors of the preschool in anticipation of a wonderful year of preschool. Ann Vuong, Juli Margolin, Karen Lynch, and I worked hard to prepare for the boys and girls to join us in the classroom.

We are now running four different classes and thanks to the generosity of the Ark teachers, we share space with them and utilize the Ark room as a Pre-school classroom during the week. The teachers and I began the process of "curriculum mapping" last spring and continued it this summer so that we have

identified what skill sets each teacher will introduce and/or reinforce. We are excited to provide such a cohesive preschool program for our families that will take their child from age 2-5 and help them prepare for kindergarten.

In conjunction with our goal of expanding our school into a larger Episcopal School, we will again offer our Kids' Kingdom program, which is a religious play hour offered on Fridays from 11:30-1pm for any preschool-aged child in the St. Timothy's congregation or in the preschool. We enjoy a lunch together and then journey to a Godly Play classroom to sing songs, hear a story which

becomes "theirs", do a craft and play a game. I had a tremendous group of volunteer class helpers last year and I'm hoping to see more people join us. Even if it's just one Friday that you can help, please let me know. It's a great opportunity to share the love of God with preschool-aged children and further our ministry to welcome more families into our church. You can e-mail me at [sttimspreschool@msn.com](mailto:sttimspreschool@msn.com) if you're interested in helping.

Please continue to look at our bulletin board space or our newsletter, which is linked to the E-Timeline, for more happenings in the preschool.

## Article from GradNet

Submitted by Tim Goldman

**The following article appeared in the August issue of GradNet, a newsletter for JustFaith graduates.**

In April, Jack Jezreel, Executive Director of Just-Faith, participated in the conference, *Called to Serve, The Church Responds to Domestic Poverty*, in the Episcopal Diocese of Newark. After the conference, Jack referred to a keynote address talk given by Rev. Katharine Jefferts Schori, Episcopal Presiding Bishop. Jack highly recommends it to our graduate community.

She began her talk with the following: "We're here to do

justice, and love mercy. We're here to walk humbly with God and bring good news to the poor. That good news of justice and mercy looks like the ancient visions of the commonweal of God where everyone has enough to eat, no one goes thirsty or homeless, all have access to meaningful employment and health care, the wealthy and powerful do not exploit the weak, and no one studies war any more. It includes the work of building community and caring for the earth, both of which are essential to the health of a spiritually rooted person, in right relationship with God and neighbor."

For the complete transcript click on the link below. For those desiring a paper copy of the transcript, please call Tim Goldman at 745-9842. Read the entire address, *Called to Serve: The Episcopal Church Responds to Domestic Poverty*, at [day1.org/2021-the-most-rev-katharine-jefferts-schori-called-to-serve-the-church-responds-to-domestic-poverty](http://day1.org/2021-the-most-rev-katharine-jefferts-schori-called-to-serve-the-church-responds-to-domestic-poverty)



# September Prayers

Please keep these people in your prayers

## **Those who are sick**

Russell, Mike, Marie, Barb, Betty Lou, Glenn, Phyllis Bruntlett Nicholas, Beth, Jack & Betty, Suzanne, Jacob, Rosalie, Marty, Jim, Sandi, Lexi, Gary, Holly, Robert, Denise, Shirley, Ed & Cindy, Dianne

## **Those with the military**

Jacob, Kelly, Andrew, Nikki, Trevor, Mark, Mary, Joel, Jason Philip, Christopher, Joseph, Tim, Marshall, Rusty, Nicholas, Jeremy, Wes, Martha, Jeremiah, Ted, Keith, Bill, David

## **Birthdays**

Joyce Gamble	Sep 01
Karsten Peters	Sep 01
Meighan Sharp	Sep 01
Calen Bishop	Sep 04

Sarah Davis	Sep 04
Shirley Fowler	Sep 04
Danny Hagen	Sep 04
Jason Menke	Sep 04
Rhonda Little	Sep 06
Joel Nastruz	Sep 06
Patricia Albright	Sep 07
Emma Soddors	Sep 08
Pam Harrison	Sep 09
Alejandra Rodriguez	Sep 09

Anna Willse	Sep 09
Rosemary Graff	Sep 10
Charles Phillips	Sep 10
Chuck Gustavson	Sep 11
Darin Krantz	Sep 11
Luke Krantz	Sep 11
Jim White	Sep 12
Liz Brennan	Sep 13
Isabel Hodges	Sep 13
Carter Kallen	Sep 14
Carrie Mason	Sep 14
Michelle Marshall	Sep 15
Tamara Menke	Sep 15
Libby White	Sep 15
Michael Willse	Sep 15
Chloe Wright	Sep 16

Chase O'Connell	Sep 17
Lacey Howard	Sep 18
David Peters	Sep 18
Michael LeMar	Sep 20
Norm Rodgers	Sep 21
Maureen Hada	Sep 23
Patti Christensen	Sep 26
Melissa Rodriguez	Sep 26
Margaret Hall	Sep 27
Grace Matera	Sep 27
Vincent Preston	Sep 28
Micaelah Morrill	Sep 30
Marjorie Proffitt	Sep 30
Dillon Thomas	Sep 30

## **Anniversaries**

Clarence/Barbara Stennes	Sep 03
John Bloom/Judy Bloom	Sep 04
Bill Smith/Jeanie	Sep 13
Jim/Jill Morrill	Sep 22
Chris/Beth Bice	Sep 27
Douglas/Lynn Power	Sep 28
Cindy/Ed McConnell	Sep 29

*(Continued from page 6)*

Volunteers will hand dig the foundations and “individual parishes will be challenged to pay for the timbers to support the roofs and for the workmen to lay the cement blocks.”

### Other Purchases

“Just yesterday we purchased 22 soccer balls as well as three nets and six volleyballs and 12 whistles for umpires. The diocesan officers here came up with the idea of forming what we would call a youth soccer league among the parishes that already have soccer fields or access to them as a way for the church to reach out to youth in a more highly visible manner. The balls they now use are

frequently nothing more than plastic bags that are tied together in the shape of a ball and the volleyball nets are a single rope strung between two trees.”

North goes on to explain the importance of this kind of sporting equipment within the Sudan. He describes one parish, St Andrews, which was raided by the Lord's Resistance Army. No one is left in the parish. All of the people fled the area and are now staying in a camp organized by the United Nations which is guarded by Ugandan troops. He describes the lives of the people within the camp, who “only venture out into the surrounding jungle-like area to work

their gardens.” According to North, “There is nothing for the youth of this camp to do all day after they finish their garden tasks; and so the bishop made sure we ordered two volley ball nets and four volleyballs plus two soccer balls for the youth of St. Andrews. “For these children, balls do not provide a pastime, they provide a lifeline.

Bob North is also buying the bicycles purchased with the money raised by the Dioceses of Iowa and Illinois. Each of the 52 bikes they are ordering is capable of hauling 100 kilos (or 220 pounds) of freight or another person. “Because of

*(Continued on page 13)*

# Financial Report

The following is a summary of the year-to-date income and expense statement through July 2010. For more detailed financial information please see the bulletin in the Parish Hall (between the double doors and the coat rack). If you have any questions or comments, please contact the Parish Office at 225-2020 ext. 206 or e-mail at [sttimsbookkeeper@msn.com](mailto:sttimsbookkeeper@msn.com).

## January through July 2010

	Where we are	What we expected	Budget for 2010
Pledges/Plate	\$208,200	\$202,201	\$358,574
Other inc & Contributions	10,992	35,856	33,125
<b>TOTAL INCOME</b>	<b>\$219,191</b>	<b>\$238,057</b>	<b>391,699</b>
Community Ministry	33,923	35,644	61,012
Christian Formation	4,582	4,960	6,841
Liturgy & Music	13,088	12,721	22,447
Pastoral Ministry	0	175	300
Parish Life	134	1,821	3,650
Administration	187,615	196,354	297,449
<b>TOTAL EXPENSES</b>	<b>\$239,341</b>	<b>\$251,675</b>	<b>391,699</b>
<b>Surplus/(Deficit)</b>	<b>(20,150)</b>	<b>(13,618)</b>	<b>0</b>

The Diocesan Loan Balance is \$51,189.78.

## Coffee Hour Help Needed

### Do You Love Coffee?

**And do you enjoy the fellowship that visiting fellow St. Timotheans during Coffee Hour provides? Then consider serving as a Coffee Hour host.** It's fun, easy and not a large time commitment. And Parish Life is in great need of several new volunteers so that those currently serving in this ministry don't have to serve quite so often.

Afraid that you won't know what to do? No worries! We'll train you on exactly what needs to be done for set-up or clean up (depending on which service you attend) and show you around the kitchen. You also will be partnered with another more experienced host your first time around.

This is a great ministry for the whole family. *If you are interested: contact **Krista Tanner at 223-5619 or [kristakt@mchsi.com](mailto:kristakt@mchsi.com) or Maureen Hada at 267-9244 or [maureenhada@yahoo.com](mailto:maureenhada@yahoo.com).***

(Continued from page 12)  
the generosity of so many congregations in Iowa and Illinois we went way beyond our original goals for the 52 bikes; and so we were also able to fulfill the Bishop's dream of buying two brand new, but very rugged, motor bikes that are made in India for the diocesan sec-

retary and development officer. These are the men that have to organize the volunteers and the building projects and these new bikes will make such projects possible. We have put an entire diocese on wheels and have revolutionized their lives and opportunities to further the work of

our Lord God among ALL the people of this area."

We will be kept apprised of Bob and Karen North's efforts. St. Timothy's should be proud of the efforts it has made to help make this mission possible. Please keep the Norths in your prayers, along with all the people of the Diocese of Nzara.

**St. Timothy's Episcopal Church & Preschool**  
**Christian Formation 2010-2011 Registration**  
**PLEASE RETURN BY SEPTEMBER 10, 2010**

	Child's Name	Birth Date*	Grade in School 2010 - 2011	Allergies/Medical Concerns Please note and elaborate below
1.				
2.				
3.				
4.				
5.				

\*Note: As soon as a child turns 3 he or she is welcome to start attending the Children's Ark.

**Allergies:** briefly describe any food or environmental allergies your child(ren) may have.

\_\_\_\_\_

\_\_\_\_\_

In case of exposure, what should be done?

\_\_\_\_\_

\_\_\_\_\_

**Medical concerns:** briefly describe any physical, emotional, behavioral, or developmental needs as well as any special circumstances, challenges, or considerations that we should know about and suggestions as to how we can better serve your child.

\_\_\_\_\_

\_\_\_\_\_

**Parent(s) or Guardian(s) Name(s):** \_\_\_\_\_

Home address \_\_\_\_\_

Home phone \_\_\_\_\_ Cell phone(s) \_\_\_\_\_ Email address \_\_\_\_\_

*Please circle which is the best way to contact you.*

**Christian Formation classes begin Sunday, September 19 at 9 AM.**

More information pertaining to your child's class will be sent to you upon receipt of your registration.  
 We are looking forward to a great year!

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# What's Christian Formation? Is this Sunday school?

By Jeanie Smith

Why don't we call it Sunday school anymore? Education at St. Timothy's Episcopal Church and Preschool is called "Christian Formation" because our instruction is oriented toward creating disciples (little and big). We offer a variety of programs for children aged 3 up through high school that seek to tell the sacred stories of our faith while helping children (little and big!) to find their place in God's continuing story. Find out more at: <http://www.sttimothysiowa.org/neweducation.asp>"

**Our commitment to you:** As a baptismal community we are committed to modeling, teaching, and participating in the faith life of all our children. To fulfill that promise, we will with God's help, provide a safe, fun and nurturing learning environment for every child to continue their development as disciples of Christ.

**Parent commitment:** One of the most important ways you can help with your child's formation is to join us in our work. You don't need to be a skilled teacher or seasoned leader to help with your child's Christian growth. An extra set of hands, an encouraging presence, and a willingness to serve makes a huge difference! When children see their parents participate in their development it underscores the importance of this experience.

## **It's as easy as taking five!**

Christian Formation begins at home. Pray with your child. As a family set aside five minutes (that's it!) to share your highs and lows...What went well today? What didn't go as hoped? Then offer it all up to God. It's a simple prayer, thanking God for the blessings found in each day. And a petition for God's grace to mend a hurt, shed new light, or maybe fill you with peace. You're never too young or too old to Take 5!

# YOU'RE INVITED To Join a Cursillo Reunion Group

By Karen Voss

If you've not had the joy of attending a Cursillo you might ask what all the excitement is about and just what is a Cursillo. The word is Spanish in origin and means a small course, The Cursillo movement began in Majorca Spain in 1944 as a way to train pilgrimage leaders. According to the Episcopal Cursillo website, <http://www.episcopalcursillo.org/aboutcursillo>, its purpose is to help those in the church understand their individual callings and to renew and deepen ones Christian commitment. A Cursillo is three days full of prayer, learning, laughter, community building and celebrating God's presence in your life. It's an experience that most consider one of the high points in their spiritual journey. Those of you who have attended New Beginnings or Happening will find similarities.

The last day of Cursillo weekend is actually just the beginning of this wonderful experience called the Fourth Day. The Fourth Day is non-denominational and encompasses the rest of your life. Those who have attended Cursillo or other Fourth Day movements in their own denomination,

such as Walk to Amais or Chrislis, and those who have not even come close to Cursillo are invited to come together in God's name and share their faith journey. This sharing presents itself in the form of group reunions (small groups) and Ultreyas (large groups).

The Group Reunion is the heart of Cursillo. It is a small group of four to six friends who meet weekly or bi-monthly and support each other in their spiritual journey. They discuss their piety (prayer practices), their study, and their apostolic action (serving the Lord). A bonding develops that often becomes a strong spiritual support group for life.

Lacey Howard (205-516-3052 or [LNHoward@hotmail.com](mailto:LNHoward@hotmail.com)), Jeanie Smith (515-554-3764 or [jeanie4816@yahoo.com](mailto:jeanie4816@yahoo.com)), Evelyn Jackson ([redbellfarm@netins.net](mailto:redbellfarm@netins.net)) and Karen Voss (515-2125-9409 or [vosskar@aol.com](mailto:vosskar@aol.com)) invite you to begin a reunion group and are available to help your group enter into the Fourth Day.

Please feel free to contact us.

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# ST. TIMOTHY'S

Episcopal Church and Preschool

1020 24th Street, West Des Moines, Iowa 50266

*50 Years of Celebrating, Growing, Loving*

**Don't forget: The deadline for the  
Oct *St. Timothean*  
Is Sept. 20th.**

**Church office phone: 515-225-2020**

**Church office email: [STTIMSEPIS@MSN.COM](mailto:STTIMSEPIS@MSN.COM)**

**St. Timothy's Web Page: [www.sttimothysiowa.org](http://www.sttimothysiowa.org)**

**(including the current month's *St. Timothean*)**

***St. Timothean* email to Terry Swanson: [hswanson@dwx.com](mailto:hswanson@dwx.com)**

**Or Liz Brennan: [ejcb@mac.com](mailto:ejcb@mac.com)**

**St. Timothy's Fax number: 515-225-2083.**

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