



# The St. Timothean



## Hero Headquarters a Great Success! by Marjorie Glynn-Proffitt

During the week of June 13th-17th, St. Timothy's was full of children becoming Hero's for GOD! This year's theme for VBS was "Hero's Headquarters" where children become heroes for GOD. The week was full of fun, learning and serving GOD through serving others. The children painted flower pots then planted flowers in them to be given to a local nursing home. They took extra time and were very careful knowing that their flower pot would brighten someone's day. They also made scarves to keep someone special warm this coming winter. The scarves will be delivered to the Family Violence center. The children had to work together to create the scarves. They were heroes to each other. The fabric was graciously given to us at a discount by Joanne's Fabrics.

Our heroes were fueled by AWESOME food. Each night was tasty and filling. Thank you to all that helped make this possible. Once again the games were a big hit. The music was entertaining as well as meaningful. You would walk through the church and hear children singing the Hero Headquarters songs. Crafts this year focused on others and it was well received. Our story tellers made sure that the stories came to life. The preschool children had an equally exciting time being heroes for GOD.



It takes MANY, MANY people to ensure a successful adventure of VBS and this year was no different. You gave of your time and talents and you are directly helping our children become children of GOD. There are several families that come only for St. Timothy's VBS each year and it's great to know it's because of you!! I also want to take this opportunity to thank Tammy LeMar for all her hard work over the years. She is going to be extremely missed!

July 2010

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## Community Garden - An Editor's Note

Throughout this issue you will find a 5-part article on our Community Garden. Tim Goldman submitted this article and made it so much fun to read with the "slide show" style he used. I decided to preserve the style and present it throughout the St. Timothean. Enjoy the photos and information about our great community garden.

## Welcoming the Newcomers in our Midst By Jennie McKinney

As we all know, a church cannot grow unless it is first visited by people searching for God. Our intention is always to make welcome those who have chosen to search for God within our walls. Therefore, we are taking the opportunity, Saturday, June 26th, to formally welcome and celebrate our newcomers with our 1st Welcome BBQ!

Food, fun, fellowship and more will greet our newcomers and special guests at this new event. We'll also have a "behind the bricks" tour of our church and grounds. I can't wait!

Make sure to keep your eyes open for new faces in our congregation! We'll be taking tons of pictures on Saturday, so be sure to check the Parish Life board in the hallway soon for some of our newcomers. Also, look forward to seeing their pictures in upcoming issues of the St. Timothean!

To our congregation, thank you for being the loving, welcoming community we can all be proud of. To our newcomers, we welcome you to St. Timothy's. We are excited you're here! See you at the BBQ!

## Thanks from the FreeStore by Jeanie Smith

The FreeStore wants to thank the members of St. Timothy's for their fantastic support during the past few months. Our "Fill the Mayflower" event in mid-May was an overwhelming success - We filled 2-1/2 Mayflower vans!! In addition, St. Timotheans continue to drop off donations in the church office regularly. All of this means that we have the wherewithal to help victims of domestic violence to start new lives in their own homes with furniture and household goods to meet their needs. St. Timothy's is living out Christ's commandment to "love your neighbor as yourself" every time we share what we have with others.

## Prayer Shawl Needed by Marcella Huff

To all who make the beautiful quilts, baby blankets, prayer shawls and wedding shawls, we thank you so much. This is a wonderful ministry to be able to make these and give them to St. Timotheans.

There is an August 21st wedding at St. Timothy's and we would like to be able to present the wedding couple with a white wedding shawl. Would anyone who knits or crochets be able to make one? There is a shawl being made now for the August 6th wedding. I know summer is a busy time and maybe you don't care to do this when you can be outside or at the lake, but your help would be greatly appreciated. If you can help, please contact Marcella Huff at 515-306-9904. Thank you.

## Community Garden - Part 1

Until recently all of the food available at local community centers was either packaged or canned. Two shipments per week like this one go to St. Mary's, the largest center in Des Moines in terms of recipients.

DMARC is the supplier of the food most of the community centers distribute to needy people. DMARC recently acquired cold storage space making it possible for them to handle fresh food.

Currently, there are 11 community centers acting as food distribution sites in the Des Moines area. Two more are scheduled to open this summer.



# The Youth Page

by Jeanie Smith

**Christian Formation Update:** While it seems as though we're not doing anything during the summer months, in fact there is a lot of preparation work going on in the background. Godly Play classrooms have been inventoried and new materials have been ordered. We are meeting with the storytellers and doorkeepers to evaluate where we are and look to enrich our Godly Play curriculum next year. Planning is beginning for the J2A Pilgrimage. Resources are being evaluated for both the Sunday morning Adult Forum and the Thursday morning study group.

There are wonderful opportunities to volunteer if you are interested in educational ministries! Jeanie Smith (leave a message at the church or call her cell at 554-3764) would love to hear from you!

## Holding Tiny Hands by Lexi Faber

Holding Tiny Hands is a new support group in the Des Moines area for families of micro-preemies (babies born more than 11 weeks early and weighing under 3 lbs). The group was organized around the mission of providing a continuum of support to parents from the time in the NICU (neonatal intensive care unit) to beyond the time of discharge. The first goal is to provide monthly meals to current NICU families. Meals will be provided in the hospital which allow parents a break from the stresses of the NICU for a good meal and fellowship with other micro-preemie parents, yet allow them to remain close to their baby. Former NICU families also partake in the meals to provide an example of hope to current NICU parents. St. Timothy's has agreed to help provide the food for these meals. The first meal will be a lunch at Mercy Hospital on June 26<sup>th</sup>. If you are interested in helping provide food for this event, please contact Lexi Faber at 371-1237 or [lexi0220@yahoo.com](mailto:lexi0220@yahoo.com).

Food items needed for the 26<sup>th</sup> (feeding 50-60 people): Chicken salad, buns, chips, pop, water, side dishes and desserts



## Community Garden - Part 2

Mark Marshall attended a seminar called "Hope for the Hungry" in February.

Mark learned about faith gardens that are springing up locally and throughout the country. Faith gardens donate the majority of their produce to feed the poor. Mark has maintained a small faith garden at St. Tim's for many years. Mark and our parish took a leap of faith, and with the help of many volunteers now tend a much larger faith garden at St. Timothy's.



16 June 2010

Dear People of St Timothy's,

I am delighted to let you know that Elizabeth Popplewell has been called as rector of St Luke's Episcopal Church in Cedar Falls, and has accepted the call. Plans are being made to schedule the celebration of their new ministry together for Sunday, December 4<sup>th</sup>, at 4pm. I trust St Timothy's will be well represented as she has been an important part of your life over the last few years, and is much loved.

As you are aware, there are few congregations in the Diocese of Iowa where newly ordained priests are able to work as an Associate and obtain the experience and opportunity for priestly formation. We were fortunate, because of the Cathedral to Cathedral Run monies raised in support of newly ordained, to offer such an opportunity at St Timothy's. I am grateful that you were able to pick up that support in extending Elizabeth's time with you.

It is my personal experience that such formation is as much a part of the work of the people of the congregation which you serve as it is also being able to learn with a more experienced colleague. As I have said to you as a congregation before ( during the ordinations of Mitch Smith and Brian McVey) you are a congregation that gives good gifts to us all that keeps on giving because of the quality of the people whose development you have had a part in. In this same vein, I am glad to introduce Aaron Hudson from St Mark's Fort Dodge, who is coming to be an intern this summer before heading off to Seminary as a postulant of the Diocese.

As I think too of the wonderful occasion of our time together on the Day of Pentecost, God has granted you some outstanding young people and younger families who are seeking to be instruments of God's peace and grace. The words of Paul to the people at Rome come to mind: "Let love be genuine, hate what is evil, hold to that which is good, love one another with mutual affection, outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints, extend hospitality to strangers."

This is who you are, and for that I give God thanks.

In the peace and love of Christ,

Alan Scarfe  
Bishop of Iowa

A handwritten signature in black ink, appearing to read "Alan Scarfe".

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## You Can Help! by Jim Schneider

Like any other organization with revenue, expenses and an operating budget, St Timothy's faces cash flow fluctuations on a monthly basis. Expenses such as heating, cooling, electricity, salaries, supplies etc. are incurred each month. While budgeting, based on parishioner pledges, allows for some expense control, a steady pledge income is required to ensure that expenses are met.

To this end, the Finance Team is developing a plan which will offer parishioners the option of having their monthly pledge amount automatically withdrawn from an existing checking or savings account. You will be able to participate with either a once or twice-a-month withdraw. Benefits include:

- Ease of payment
- Avoidance of 'catch-up' pledge payments
- Reduced bookkeeping time and cost
- Eliminate need to move funds to address operating budget shortfall

Final plans will be completed in the next few weeks. Enrollment will be easy, safe and secure. Parishioners signing up will be entered into a prize drawing. Look for details and announcements soon.

Save the date!

The Parish Picnic

will be

Sunday, September 12!

# July



Please remember the following people in your prayers.

For those who suffer in body, mind or spirit:

Russell, Mike, Marie, Barb, Betty Lou, Glenn, Phyllis Bruntlett, Shirley, Nicholas, Beth, Mike, Jack, Betty, Suzanne, Hunter, Jacob, Rosalie, Marty, Kathleen, Jim, Mary Lou, Sandi, Lexi, Gary and Holly

For those in service to our country:

Jacob, Kelly, Andrew, Nikki, Trevor, Mark, Mary, Joel, Jason, Philip, Christopher, Joseph, Will, Tim, Marshall, Rusty, Nicholas, Jeremy, Wes, Martha, Jeremiah, Ted, Keith and William

## Happy Birthday to...

July 5: Suzanne Johnson  
July 7: Cora Hallock  
July 9: Martin Curley, Anna Losen  
July 10: David Blaha, Susan Burden-Leonard  
July 11: Harry Barrows, Mary Sheldahl  
July 13: Scott Andrews  
July 14: Rebecca Ellerbroek, Sandra Marshall, Zariah Proffitt  
July 15: Brenna Carlson, Alec DePhillips, Jill Morrill, Joseph Nastruz  
July 18: Jon Kallen, Maia Maxwell  
July 19: Jan Dickinson  
July 20: Robb Meyer, Jana Montgomery  
July 23: Molly McGill, Robert Seaholm  
July 24: Brenda Davis, Terry Swanson  
July 26: Kennedy Menke, Carter Menke, Elizabeth Popplewell  
July 27: Elizabeth Hada, Aaron Koopal, Taylor Popplewell  
July 28: Kalen Sayeed  
July 29: Chris Bice  
July 31: Sophia Blondino, Tonni Matera

## Happy Anniversary to...

July 4: Bob and Cindy Sadders  
July 7: Dennis and Marilyn Boston  
July 12: Brian and Emily Beckett, John and Suzanne Johnson  
July 15: Joel and Nancy Nastruz  
July 25: Russell and Debra Garrison  
July 27: Dick and Susan Burden-Leonard  
July 31: Curt and Tammy LeMar



## Community Garden - Part 3

The faith garden at St. Timothy's covers almost  $\frac{3}{4}$  of an acre. About 150 tomato plants, 75 sweet potato plants, 50 Pontiac red potato plants, 80 pepper plants, plus rows of corn, peas, beans, beets, peas, carrots, flowers and hills of squash and melons are growing in the garden.

Here Mark uses his roto-tiller to keep the weeds under control after all the June rains.

STEWARDSHIP WEEKEND

COMING SOON!

OCTOBER 23 – 24, 2010

A TIME TO REFLECT

AND

EXPRESS YOUR GRATITUDE  
FOR GOD'S GIFTS

## June 22, 2010 Vestry Minutes By Krista Tanner

Present: Marshall Little, Jack Hovden, Diane Hernandez, Maureen Hada, Vincent Preston, Elizabeth Mansfield, Krista Tanner, Tammy Guy, Jenna Guy, Josh Wilson, Lisa Hall, Karen Voss, Mary Cole-Duvall, Kim Harmon (bookkeeper)

Not Present: Mary Garrells, Jim Lynch

Jack Hovden led the opening prayer.

Vestry members shared highs and lows.

The vestry approved the minutes. (Hovden/Little)

Treasurer's report Kim Harmon briefed the vestry on her attendance at a seminar conducted by the National Association of Church Administrators which focused on property and risk management, theology of stewardship, staff development and legal issues. Kim then presented the operating financials. Kim asked for clarification on the the transferring of funds from the balance sheet to the income portion of the income and expense report. Kim requested guidance on whether she should transfer monthly, quarterly, or make one transfer at year end if needed to cover expenses so that operating financials do not end with a deficit. The vestry instructed Kim to make the transfer at the end of the year. Kim also reported pledges for the operating fund were slightly down for the summer, but that money designated for deferred maintenance was coming in. The preschool finished its program year, but at this time she waiting for more check from SHINE. She expects to receive that payment at anytime. The vestry approved the treasurer's report. (Guy/Hada)

### Building and grounds report

-The gutters were cleaned and only one gutter was clogged.

-The drains were also cleaned. The SE drain cleared easily, however the drain located at the bottom of the South Tiered Garden was blocked. Pieces of drain tile came out which means the drain tiles are damaged and caving/breaking. If/when this drain completely blocks we will have a major problem - flooding into the Christian Education rooms as it did in 2008. To repair this drain tile would be very costly since it is so deep. There was a sump pump in the drain some time ago which we may look at reinstalling if possible. Marshall will be getting bids on sump pump.

-The boiler was inspected and has 2 leaks leading to corrosion. It has been recommended that the leaks be repaired before there are further issues and before the boiler is inspected next year. The repairs would cost \$2,200. The vestry approved the boiler repairs. (Mansfield/Hernandez)

-Roof. The updated bid for replacing the Sanctuary roof and clerestory as they currently look is \$

51,890.00 for the roof and \$ 51,440.00 for the clerestory, for a total of \$103,330.00. This is lower than originally bugeted. The vestry approved the repair of the roof and clerestory. (Hernandez/Wilson)

-Financing the roof. There was a proposal to finance the roof and clerestory repairs from the following resources: \$ 31,373 Current Deferred Maintenance Building Fund; \$ 14,500 Building Maintenance Reserve; \$ 16,768 Undesignated Funds (Memorials) (This is, basically, a short-term, self loan); \$ 46,000 Diocesan Loan; Additionally, we would review a request for deferring our Diocesan loan payments to the end of the year.

The vestry approved financing proposal (Little, Hovden), and requested that the finance committee provide guidance on which sources should receive repayment priority.

-Mold. The roof leaks are causing mold in areas of the building. After roof is repaired and the leaks are stopped, we'll address the mold issue.

Fundraising policy A general discussion was had regarding the fundraising policy for outside groups and St. Timothy sponsored endeavors. Elizabeth Mansfield agreed to prepare a draft of a revised policy and submit to the vestry for its consideration at its next meeting.

Marriage Equality After the decision made at last summer's General Convention, priests in states that allow marriage equality have the pastoral discretion to perform marriage ceremonies. Mary will draft an affirmation statement regarding her pastoral discretion for the vestry to consider.

Housekeeping Karen reminded commission liaisons to keep bulletin boards updated. Karen also reminded to vestry members to check the VROW check list, which has been updated. Karen reminded the vestry that commission reports should also be sent to the MAPP team, Lynn, and Jennie McKinney.

Clergy report Mary will be sending an e-mail re her schedule for the summer with contact information for those that should be contacted in her absence. Jeannie Smith will coming forward at the next Vestry meeting to have the vestry affirm her efforts to become a deacon. VBS was a success. Books, Brew and Banter will be now be meeting weekly. Mary is looking into "Reading the Bible in 90 days" as a possible offering for next year. Elizabeth Maxfield is continuing to work on a contract with WDM to provide preschool programming as a voluntary state preschool. Jack Hovden led the closing prayer.

# On Being Episcopalian: Italy Experiences by Terry Swanson

Ciao from Sorrento, Italy. It's pretty neat to be sitting on the balcony of my hotel room, looking out over the bluest ocean ever and writing for friends in Iowa. We only have a few days left in Italy, but what a wonderful trip it has been. Harry and I are here with my son, wife, and grandson, Anna and her significant other; and Amy. Also with us are my brother Peter's children and grandchildren.

We spent a few days in Rome but our real purpose was to take all these Magelli (my maiden name) offspring to visit the small Italian village in Northern Italy, Castel di Casio, where my folks were born and where our shirt-tail cousins have summer homes.

Since we've had something like 20 addresses in our 49 years of wedded bliss and each of my four children was baptized in a different church, it's a very moving experience to visit the church where family members have been baptized since before the 1800s. The church is named St. Biagio - which incidentally was my father's name- the "Biagio" part, not the "St." part.

St. Biagio is called St. Blaise in English and you might remember Saint Blaise's feast day because of the "blessing of the throats" that took place on this day. On the feast of St. Blaise, which is Feb. 3<sup>rd</sup>, two candles are blessed, held slightly open, and pressed against the throat as the blessing is said. Saint Blaise's protection of those with throat troubles apparently comes from a legend that a boy was

brought to him who had a fishbone stuck in his throat. The boy was about to die when Saint Blaise healed him. We actually had that service a couple of times when we lived in Illinois. It was neat.

I was a bit disappointed in what I found at the church though. They have removed the statue of St. Theresa (my and my grandmother's saint) and replaced it with a bowl of flowers on a table. I wasn't able to find out why. I am a little upset about that. (Like since I go to mass there once or twice a decade, they should consult me?)

We also visited what is my favorite church of all that I have ever visited. It's St. Steven's in Bologna and was started in 80 AD. Of course it has been added to over the years until it is now either five or seven connected churches. I haven't figured it out exactly. But, for me, it's a very spiritual experience to stand on ground that probably held people who were alive when Jesus was alive.

The trip was a bit bittersweet because while we were having our "root's" experience, my sister, had a stroke and died a few days later. She died while we were visiting family in Castel and exactly 38 years to the day and hour after my father died. It was some comfort to be able to light candles that day in St. Biagio's and the next day at St. Steven's.

See you next month!

## Community Garden - Part 4

Karen Voss, Craig Stark and Jim Heitzman pick the first crop of peas.

There are lots of local community volunteers like Jim involved with the faith garden at St. Timothy's.

Through mid-June about 30 bags of lettuce, spinach, radishes, Swiss chard and peas were donated to DMARC and the Eddie Davis Center from the St. Timothy's faith garden.



# Just Faith by Tim Goldman

You are invited to participate in an intensive education program for people who want to encounter the Good News that Jesus brought to the poor.

## What is JustFaith?

JustFaith invites church members to experience a spiritual journey into compassion. Most of us long to be a generous and compassionate people. JustFaith, now offered in hundreds of churches across the country, provides a lively and challenging format to read, view, discuss, pray, experience and be formed by the Christian tradition of social justice and the Biblical call to create a more just world.

Our faith and Biblical tradition extend an extraordinary invitation to each of us and to our faith communities to become agents of God's compassion and healing in a wounded world. The Good News of Christ is both a comfort and a promise for the poor and, at the same time, a call to those of us who are not poor to be linked with God's vision of healing and reconciliation.

Participants are also afforded the privilege of becoming community with other participants and sharing a journey of faith and compassion that changes lives, inspires faithful witness, and transforms the world through love and service.

## Do participants need to have previous experience or knowledge of social ministry?

No. People benefit from JustFaith if they have been involved in social ministry for a long time or if they are newly interested.

## How is the JustFaith program structured?

JustFaith involves groups of about 10–15 people, who meet for 30 weekly sessions, two weekend retreats and four Saturday immersion experiences. Overall, this adult education process extends over 8 months and uses books, videos, guest speakers, discussion, prayer, retreats, immersion experiences, and community building. Testimonies of participants around the country attest to the personal transformation that happens to people who complete the program.

## Does it cost anything to participate in JustFaith?

The books cost approximately \$140/person and are paid in installments; no one has to pay the full book costs up front.

## Who do I contact for more information?

Tim Goldman at [gold2231@msn.com](mailto:gold2231@msn.com) or by calling 745-9842.

## Why Participate?

- To gain a better understanding of the social mission from Scripture
- To integrate personal spirituality and compassion to meet the needs of a broken world

## When Will We Meet?

- Tuesday evenings, September 2010–April 2011 (Limited to the first 15 people)
- 6:30 pm – 8:30 pm

## What Is Involved?

- Weekly 2 hour meetings
- Retreats in September and April
- Four immersion experiences
- About two hours of reading weekly
- Cost: \$140 per person for books (paid in installments)

## Who Should Participate?

- People who are looking for a deep spiritual experience
- People who want to experience their faith in community
- People who want to grow their compassion and expression of love for their neighbor

## Think It's Too Much?

- It's like taking a college course or a year-long adult education class.
- It's similar to what we ask of our confirmation candidates.
- It asks a lot for 8 months – but it's only 8 months.
- It will be one of the most rewarding things you'll ever do!



## Community Garden - Part 5

Volunteer Craig Stark surveys the corn crop.

Volunteering in the garden can be a great family activity. The church playground is close by, the garden has picnic tables adjunct to it and lots of shade.

To start receiving weekly email updates about the faith garden and how you can get involved, please contact Tim Goldman at [gold2231@msn.com](mailto:gold2231@msn.com)

## Financial Report by Kim Harmon

The following is a summary of the year-to-date income and expense statement through May 2010. For more detailed financial information please see the bulletin in the Parish Hall (between the double doors and the coat rack). If you have any questions or comments, please contact the Parish Office at 225-2020 ext. 206 or e-mail at [sttimsbookkeeper@msn.com](mailto:sttimsbookkeeper@msn.com).

January through May 2010

	<b>Where we are</b>	<b>What we expected</b>	<b>Budget for 2010</b>
<b>Pledges/Plate</b>	<b>\$159,094</b>	<b>\$145,922</b>	<b>\$358,574</b>
<b>Other income &amp; Contributions</b>	<b>8,629</b>	<b>21,431</b>	<b>33,125</b>
<b>TOTAL INCOME</b>	<b>\$167,724</b>	<b>\$167,353</b>	<b>391,699</b>
<b>Community Ministry</b>	<b>24,320</b>	<b>25,832</b>	<b>61,012</b>
<b>Christian Formation</b>	<b>1,661</b>	<b>2,631</b>	<b>6,841</b>
<b>Liturgy &amp; Music</b>	<b>9,126</b>	<b>10,072</b>	<b>22,447</b>
<b>Pastoral Ministry</b>	<b>0</b>	<b>125</b>	<b>300</b>
<b>Parish Life</b>	<b>157</b>	<b>1,529</b>	<b>3,650</b>
<b>Administration</b>	<b>138,098</b>	<b>144,492</b>	<b>297,449</b>
<b>TOTAL EXPENSES</b>	<b>\$173,362</b>	<b>\$184,681</b>	<b>391,699</b>
<b>Surplus/(Deficit)</b>	<b>(5,639)</b>	<b>(17,328)</b>	<b>0</b>

The Diocesan Loan Balance is \$52,945.86.

St. Timothy's  
Episcopal Church & Preschool  
1020 24th Street, West Des Moines, IA  
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50 Years of Celebrating, Growing, Loving

**Don't forget: The Deadline for the  
August *St. Timothean*  
is July 15.**

Church office email: [office@sttimothysiowa.org](mailto:office@sttimothysiowa.org)  
St. Timothy's Web Page: [www.sttimothysiowa.org](http://www.sttimothysiowa.org)  
(including the current month's *St. Timothean*)  
*St. Timothean* email to Terry Swanson or Liz Brennan at:  
[newslettereditor@sttimothysiowa.org](mailto:newslettereditor@sttimothysiowa.org)  
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