



The St. Timothean



St. Timothy's Annual Gathering by Karen Voss

On January 23 all three services joined as one to celebrate the Feast of St. Timothy. How special it was to have the opportunity to worship together and give thanks for this wonderful place we call our church home. Despite frigid temperatures the Parish Hall was filled to capacity and with spring bulbs in bloom and an array of mouth watering dishes provided by our gourmet cooks one couldn't help but feel a sense of excitement as we reflected on 2010 and looked forward to 2011.

Neil Guy, powerpoint director extraordinaire, created a fantastic review of the highlights of 2010 with pictures ranging from our Faith and Grace gardeners chasing bunnies to our youth serving dinners at the Eddie Davis Center. It was a delightful way to begin the gathering.

One of the highlights of the meeting was welcoming our newest vestry members: Dick Leonard, Marjorie Proffitt, Mark Slocum, Annie Waskom and our youth representative Ryan Mable. If you recall we prayed that God would call forth those in our community who embody the patience, wisdom, enthusiasm and grace to lead our congregation and that God would give us an awareness to identify, affirm, and support these servant leaders in our midst. We were asked to lift up those names to the nominating committee during a service. Looking at the class of 2014, I feel God has answered our prayers.

Of course as we welcome new members we must also bid farewell to those who are rolling off the Vestry. We are very grateful for the gifts of time and talent that the class of 2011 so freely gave to this community. Our heartfelt thanks go to Jenna Guy, Maureen Hada, Jim Lynch, Elizabeth Mansfield, Krista Tanner, and Karen Voss.

What is an annual meeting without a financial report? Mary Sheldahl, our treasurer, provided us with a snapshot of the 2010 finances and shared the great news that we ended the year in the BLACK! We so appreciate the expertise she has brought to this ministry.

Rev. Mary thanked the many people who have led the congregation with their ministries ranging from the baking of casseroles to leading prayer groups. There are so many members of this church who give tirelessly that its impossible to list everyone. Its important that each of us acknowledge each others ministry and say thanks to all who make this place what it is.

There is one person who in the last 7 years has served us tirelessly, who prays for us daily, and has enriched our faith journey beyond measure and that of course is Reverend Mary. We wouldn't be where we are today without her leadership. Thank You!

February 2011

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On Being Episcopalian: To Be A Christian by Terry Swanson

As I was filing some old papers, I came across this poem by Maya Angelou. It got me to thinking about being a Christian. We hear the word tossed about a lot these days. We hear about the *Christian Right*. We're asked, "Are we still a *Christian* nation?" We're told we're going to hell in a handbasket because we've lost our *Christian Values*. Just this week the governor of Alabama said he was a born-again Christian and could only call Christians his brothers and sisters. I wondered which "Christians" he could call brothers and sisters. He's a Southern Baptist and I'm kind of worried that to him maybe Episcopalian Christians don't count.

What he said tickled me and made me think of two things the nuns used to remind us to ask ourselves. As girls we were always to ask ourselves if our behavior was "Mary-like." And in our relationships with other students, we were to ask ourselves "Would Jesus behave this way to a fellow student?" Not bad advice to adhere to today.

There seems to be an awful lot of ugliness in this Christian nation. An awful lot of hate and anger and energy are directed at our fellow Americans, who are mostly Christian, and even more hate and anger and energy against those Americans who have found God via another path.

The following prayer says it better than I can.

Father, we thank you for revealing yourself to us in Jesus the Christ, we who once were not your people but whom you chose to adopt as your people. As ancient Israel confessed long ago, we realize that it was not because of our own righteousness, or our own superior wisdom, or strength, or power, or numbers. It was simply because you loved us, and chose to show us that love in Jesus.

As you have accepted us when we did not deserve your love, will you help us to accept those whom we find it hard to love? Forgive us, O Lord, for any attitude that we harbor that on any level sees ourselves as better or more righteous than others. Will you help us to remove the barriers of prejudice and to tear down the walls of bigotry, religious or social? O Lord, help us realize that the walls that we erect for others only form our own prisons!

Will you fill us so full of your love that there is no more room for intolerance. As you have forgiven us much, will you enable us with your strength to forgive others even more? Will you enable us through your abiding Presence among us, communally and individually, to live our lives in a manner worthy of the Name we bear?

May we, through your guidance and our faithful obedience, find new avenues in ways that we have not imagined of holding the Light of your love so that it may be a Light of revelation for all people.

We thank you for your love, praise you for your Gift, ask for your continued Presence with us, and bring these petitions in the name of your Son, who has truly revealed your heart. Amen

I am a Christian
By Maya Angelou

When I say... "I am a Christian"
I'm not shouting "I'm clean livin."
I'm whispering "I was lost,"
Now I'm found and forgiven.

When I say... "I am a Christian"
I don't speak of this with pride.
I'm confessing that I stumble
and need CHRIST to be my guide.

When I say... "I am a Christian"
I'm not trying to be strong.
I'm professing that I'm weak
and need HIS strength to carry on.

When I say... "I am a Christian"
I'm not bragging of success.
I'm admitting I have failed
and need God to clean my mess.

When I say... "I am a Christian"
I'm not claiming to be perfect,
My flaws are far too visible
but, God believes I am worth it.
When I say... "I am a Christian"

I still feel the sting of pain,
I have my share of heartaches
So I call upon His name.
When I say... "I am a Christian"

I'm not holier than thou,
I'm just a simple sinner
who received God's good grace,
somehow.



The Youth Page



Epiphany Celebration

by Maureen Hada



On Sunday, January 9th St. Timotheans, old and young alike, gathered after the 10:15 service to celebrate the Feast of the Epiphany.

Jill Morrill's stunning king's cake, lovingly baked and sculpted into a perfectly shaped crown, highlighted the event. Everyone ooh'd and ah'd over it, but in truth just couldn't wait for it to be cut and start eating! The children showed amazing restraint waiting for it to be shared. Their patience must be commended.

Last year's Epiphany King, Cameron Whitney-Wheeler turned over his reign to the new Queen for 2011, Adrienne Hodges. Thanks again to Jill for the beautiful cake and to Jo Wheeler, the 2010 King Mum, for arranging with Jill to do the baking.

Church Opportunity Group (COG)

by Mary Hovden

COG is a coalition of western suburban churches actively and collaboratively involved in Christian service to the community. COG works with West Des Moines (WDM) Human Services Department to identify and address west side needs and sponsors the following annual projects:

Senior Citizens Spring Luncheon – This special luncheon provides fellowship for senior citizens in our community. COG provides everything from the meal to the entertainment. This year’s luncheon will be held on April 9 at WDM Christian.

(COG continues on page 8)

2011 Church Operating Budget by Mary Sheldahl

	2011 Draft	2011 Approved	Comments
Income			
Regular Pledges	\$374,689	\$338,471	143 pledging units
2010 Matching Pledge	\$0	\$0	
Loose Plate/Non-Pledge	\$19,960	\$19,960	
Easter/Christmas	\$4,700	\$4,700	
Big Event	\$0	\$0	No Big Event is planned in 2011
Rentals	\$1,140	\$1,140	
Interest	\$675	\$675	
2010 Matching Gift	\$0	\$0	
2009 Specials Gifts (unused)	\$0	\$0	
Designated Fund Transfers	\$0	\$13,500	Growth Fund transfer for Personnel
Preschool Reimbursements	\$6,346	\$6,346	
TOTAL INCOME	\$407,510	\$384,792	
Expense			
Diocesan Pledge	\$60,000	\$50,000	\$10,000 reduction
Community Ministries	\$5,664	\$5,164	\$500 decrease
Christian Formation	\$6,450	\$4,450	\$2,000 decrease
Liturgy & Music	\$4,950	\$2,950	\$2,000 decrease
Pastoral Ministry	\$300	\$300	
Parish Life	\$3,850	\$2,350	\$1,500 decrease
Diocesan Loan	\$12,243	\$12,243	
Personnel	\$215,667	\$216,949	Covered by Growth Fund transfer
Administration	\$25,450	\$19,450	Less \$6,000 to the Growth Fund
Communications	\$3,020	\$3,020	
Buildings/Grounds	\$69,916	\$67,916	\$2,000 decrease in utilities
TOTAL EXPENSE	\$407,510	\$384,792	
Excess Income/Expense	\$0	\$0	

- The budget decreased 7.2 % over last year.
- Regular pledging up 3.7% over last year, although there is no matching gift pledge for 2011.

An Episcopalian Perspective on Centering Prayer

by Thomas R. Ward, Jr.

From *Centering Prayer In Daily Life and Ministry*, by Thomas R. Ward, Jr.
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Thomas R. Ward, Jr. is chaplain of All Saint's Chapel at the University of the South and teaches in both the college and the seminary. He graduated from the college of Arts and Sciences in Shawnee in 1967, Oxford University in England in 1969, and Virginia Theological Seminary in 1975. He has been an active participant and retreat leader at Centering Prayer workshops sponsored by Contemplative Outreach, Ltd. He has worked with Thomas Keating, Gus Reininger and others to offer Centering Prayer more widely, particularly within the Episcopal Church. He serves on the board of trustees of Contemplative Outreach, Ltd.

Very few of us feel we know how to pray as we ought. But we do know what it is to sigh, to yearn for a deeper and more intimate relation with the One whom Jesus taught us to call, *Abba*, Father. And it is good to hear that our own sighs may be participation in the sighing of the Spirit, helping us in our weakness, as we seek to claim our identity as daughters and sons of God.

In our day many are bringing their sighing hearts before God in Centering Prayer. But what is Centering Prayer? Where does it come from? How does one practice this discipline? And how does one find support when practicing this discipline becomes difficult? I hope to answer these questions, among others, in this article while relating some of my own pilgrimage.

I.

As a born and reared Episcopalian, I heard the language of *The Book of Common Prayer* from my earliest days: the music of its prayers set enchanted my soul. While I still have any of the prayers of *The Book of Common Prayer 1928* by heart, one prayer in particular has stayed with me in a sustaining way over the years:

O God of peace, who has taught us over the years in returning and rest we shall be saved, in quietness and in confidence shall be our strength: By the might of our Spirit lift us, we pray thee, to thy presence, where we shall be still and know that thou art God; through Jesus Christ our Lord. *Amen.*²

Peace, rest, quietness, confidence, presence, stillness, knowledge—these words, even out of context, have a tranquil solidity all of their own. In this prayer they call the pray-er to the still point in his turning world. Over the years and through the education that I was privileged to receive, I learned that these words have deep scriptural roots, primarily in the Hebrew Scriptures: in the prophets (Isa. 30:15, for instance) and in the psalms (Ps 46:11), among others.

Please visit www.sttimothyiowa.org for the rest of this inspirational article.

February

Please remember the following people in your prayers.

For those who suffer in body, mind or spirit:

Jacob, Rosalie, Dewey, Mike, Christy, Ronda, Charlie, Austin, Dan, Dianne, Jenny, Kim, Dixie, Maddie and Bob

For those in service to our country:

Jacob, Trevor, Mark, Mary, Joel, Philip, Christopher, Joseph, Martha, Jeremiah, Ted, Keith, Bill and Nate

Happy Birthday to...

Feb. 1: Ray Gaebler
Feb. 2: Suzy Coen, Ralph Pray
Feb. 3: Austin Coen, Joseph Ellerbroek, Lillie McManus
Feb. 4: Nancy Nastruz
Feb. 7: Robert Bristle, Tammy Guy, Ann Koopal
Feb. 8: Dorothy Burke, Nolan Lynch
Feb. 10: Emmy Rosenmeyer, Edna Smith
Feb. 11: James Jenkins
Feb. 13: Stephanie Phillips
Feb. 14: Norma Rodgers
Feb. 15: Kay-Kay Saunders
Feb. 17: Sheryl Wayman
Feb. 18: Chase Modlin
Feb. 20: Lexi Faber, Ryan Mable
Feb. 21: Pamela Jenkins
Feb. 22: Marcella Huff, David Willadsen
Feb. 24: James Hada
Feb. 25: Julie Wright
Feb. 26: Sabrina Roberts
Feb. 28: David Menke
Feb. 29: Jeff Thomas

Happy Anniversary to...

Feb. 5: Gerald and Rosemary Graff
Feb. 6: Norm and Norma Roberts
Feb. 8: Gary and Marsha Smith
Feb. 9: Roger and Jean Lane
Feb. 10: Dennis and Diana Morman
Feb. 16: Gordon and Jean Flinn, Mark and Sandra Marshall

Tattoos on the Heart: The Power of Boundless Compassion By Greg Boyle

“Destined to become a class of both urban reportage and contemporary spirituality.”
-The Los Angeles Times

“Incandescent, always hope-filled, and often hilarious.”
-The Christian Century

As a pastor working in a neighborhood with the highest concentration of murderous gang activity in Los Angeles, Father Boyle started Homeboy Industries, an organization to provide jobs, job training, and encouragement so that young people could work together and learn the mutual respect that comes from collaboration. This collection presents parables about kinship and the sacredness of life drawn from Boyle’s years working with gangs. Arranged by them and filled with sparkling humor and glowing generosity, these essays offer a stirring look at how full our lives could be if we could find the joy in loving others.

Gregory Boyle is Executive Director of Homeboy Industries and an acknowledged expert on gangs and intervention approaches. He lives in Los Angeles.



Faith & Grace Garden by Tim Goldman

And the Lord God planted a garden in Eden, in the East; and there he put the man whom he had formed.
Genesis 2:8

Gardens have always been spirit-filled and full of transformation and wonder. The Faith & Grace Garden was just such a place at St. Timothy’s last year.

The garden grew from 2,500 square feet to over 13,000 in 2010. We counted the number of garden volunteers at St. Timothy’s and realized that we needed more volunteers. So we reached out into the local community, and people came from all over. At least 50 volunteers from more than 10 churches gave of their time and labor to support the garden. Our congregation always responded as well to our frequent calls for assistance; with money, tools and garden supplies whenever we asked for help. The garden grew to be a place for gathering, hospitality and celebration.

Get Some Chili from the EYC!

EYC is sponsoring a SuperBowl Chili Fundraiser! Young adults will be making chili (meat and vegetarian) and baking cornbread the first weekend in February! They will be selling the chili and cornbread to raise funds for Rite 13 and J2A to participate in their upcoming Urban Adventure and Pilgrimage! Quarts sell for \$10 each and order forms can be found at the back of the church or at the coffee cafe. Please support our young adults while also making your SuperBowl Sunday a relaxed and fun day!

Vestry Minutes: January 18, 2011 by Jim Lynch

Present: Stephanie Andrews, Mary Garrells, Tammy Guy, Karen Voss, Jim Lynch, Elizabeth Mansfield, Vincent Preston, Marshall Little, Josh Wilson, Bev Blaha (prayer team), Mary Sheldahl (Treasurer), Dick Leonard, Annie Waskom

Karen Voss led the opening prayer.

Marshall Little provided an update for the Vestry nomination team regarding finding candidates for class of 2014. The candidates Dick Leonard and Annie Waskom were introduced to the Vestry. The current slate of candidates include Dick Leonard, Annie Waskom, Marjorie Proffitt, Mark Slocum, and Ryan Mable (youth representative).

The vestry approved the December minutes. (Little / Guy)

Treasurer's report:

Financials for December: Mary Sheldahl provided an update of the December financials. The 2010 fiscal year ended with approximately a \$5,000 surplus. The vestry approved the December financials. (Little / Mansfield)

Deferred maintenance fund: Mary Sheldahl provided an update of the deferred maintenance fund, which has approximately \$32,000 on hand, and about \$78,000 remaining in projected pledging over the next 2 years (approximately \$3,000/month).

Deferred maintenance Diocesan loan: Mary Sheldahl conveyed a suggestion from the Finance Team that accelerated payments be made to the loan that was taken out to cash flow the deferred maintenance project. The hope of this proposal was to pay off the loan by the end of the three-year deferred maintenance pledge window. Paying for air-conditioning prior to paying down the loan was discussed. The issue of paying down the loan and scheduling the air-conditioning repair will be revisited in three months.

2011 Budget: Mary Sheldahl led a discussion of the update of the Finance Team's 2011 draft budget, including various cuts to expenses (e.g., personnel, programs, facility). The update included

approximately \$6,000 in estimated additional pledging which was proposed to be designated to decrease the cuts to personnel from a cut of \$18,000 to a cut of approximately \$12,000.

There was a discussion of pulling money from the Assistant Rector Growth Fund from the Designated Fund Balance Sheet to eliminate/reduce the cuts to personnel. The vestry approved a motion to supplement the personnel line item of the 2011 draft budget with a transfer of \$13,500 from the Assistant Rector Growth Fund (Little / Wilson).

The vestry approved the 2011 budget as supplemented with the \$13,500 from the Assistant Rector Growth Fund (Mansfield / Preston). The approved 2011 budget included the following cuts:

Community Ministries	\$500.00
Diocese Pledge	\$10,000.00
Christian Formation	\$2,000.00
Liturgy & Music	\$2,000.00
Parish Life	\$1,500.00
Administration	\$2,000.00
Assistant Rector Fund	\$6,000.00
Personnel	No cuts
Utilities	\$2,000.00
Total Cuts	\$24,500.00

The vestry approved a motion to affirm Karen Voss' consideration of discernment for the priesthood. (Little / Guy).

Karen Voss discussed plans for the Annual Gathering occurring on January 23rd.

Marshall Little provided an update on potential radon issues in the preschool.

There was a discussion of the upcoming January Vestry retreat at Wesley Woods.

Karen Voss led the closing prayer.

COG continued from page 4

Free Meal Program – Every Tuesday and Thursday evening, from September through May, COG sponsors a free meal at the Eddie Davis Community Center. Members from COG representative churches serve a complete and nourishing dinner for families and individuals who are also utilizing the services of the community center. This is a wonderful and uplifting collaboration between COG, WDM Human Services and the Eddie Davis Community Center!

Thanksgiving Dinner – COG and WDM Human Services partner to provide food and workers for the WDM Community Center's annual Thanksgiving Day Dinner for seniors and low income families.

Children's Christmas Shopping Spree – In early December, COG supplies gift cards to children from families served by WDM Human Services. COG also provides chaperones to take the children shopping and help them select and wrap Christmas gifts for their family members. This event truly demonstrates the spirit of Christmas!

Personal Care Items Collection – Throughout the year, COG members collect personal care items to benefit clients of WDM Human Services. Thousands of items are collected!

COG churches currently include:

- Ashworth Road Baptist
- Covenant Presbyterian
- Sacred Heart Catholic
- St. Francis of Assisi
- St. Mark Lutheran
- St. Timothy's Episcopal
- Valley Community
- Valley United Methodist
- West Des Moines Christian
- West Des Moines United Methodist

Your St. Timothy's COG representatives are Mary Hovden, Harry Swanson and Diane Hernandez. Please let us know if you have questions or would like to help with any of COG's projects.

So What's In Your Medicine Cabinet? By Michael Harvey, D.O.

The most commonly used drug by teenagers when they first experiment with drugs today is a prescription medication. Not alcohol or marijuana. Nope, the first drug your child or grandchild will try is a prescription product. And most likely, they or a friend got it from a family member.

"Why a prescription" you ask? "What kind of high can the teen get from a prescription? Surely its not much and can't be too dangerous." Well, that's just the thought of the teen and one of the reasons it is first tried.

Another key reason – availability. Most of us keep our medications in easy to access locations. Easy for us but also easy for the teen. Medicine cabinets, vanity drawers, closets, bathroom cabinets, purses and wallets are easy targets for a grandchild, other relative and neighbors. Homes are being vandalized now, with only Rx medications being stolen.

Why do the teens want to get a high? Maybe once or twice you felt like you need to relax or escape. Or felt like rebelling or experimenting. Or just need to relieve boredom. Kids and young adults perceive the high as a solution.

So specifically what drugs are they looking for?

Painkillers – narcotics are opioid based products and readily prescribed. Codeine (Tylenol #3), hydrocodone (Vicodin/Lortab/Vicoprofen), oxycodone (Oxycontin/Percocet), hydromorphone (Dilaudid), Morphine (MS Contin) and Fentanyl patches (Duragesic) are commonly prescribed now for acute and chronic pain.

Frequently these prescriptions are obtained in large quantities for chronic pain, supplies that may last one or even three months. That makes them easy targets to take.

Sedatives – benzodiazepines like alprazolam (Xanax) and diazepam (Valium) are prescribed for anxiety. Numerous sleeping pills like Temazepam and oxazepam are also benzodiazepams with abusive potential. Barbiturates like phenobarbital and mysoline can be misused as well.

Stimulants – like amphetamines for weight loss (phenteramine) and ADD/ADHD medications like methylphenidate (Ritalin, Adderall, Concerta) all are favorites for street use.

Non prescription products can also be used alone or with other drugs. Household items like solvents (paint thinners) art supplies, glues, and aerosols can all be abused and potentially fatal. A common non prescription drug abused by teens today is

Continued on page 9

911- Domestic Disturbance in Progress by Karen Voss

Many times the victims and their children are brought by police to the Domestic Violence Shelter. They walk through the doors with little more than the clothes on their back. The shelter depends on area faith communities and local businesses to supplement the meager funds received from the state for food, clothes, and daily necessities such as towels and personal care items. St. Timothy's has supported the shelter for many years with generous donations of time, talent and treasures.

As we reflect on the past year and anticipate the new, I would like to share how you have made a difference in 2010 and suggest ways you can continue to be the hands and feet of Christ in 2011.

St. Timothy's is known for feeding others and the shelter is no exception. The 2010 budget allowed Community Ministries to designate funds to be used for the shelter. This enabled them to buy a rice cooker to meet the needs of their changing population and a meat slicer which allows them to better utilize donations of large cuts of meat. Periodically we deliver casseroles which are a welcome weekend treat when it's cook's day off. Several months ago several St. Timothean's began picking up Starbucks pastries and delivering them to the shelter on Tuesday and Friday's.

Providing clothing for the women and children is one of the important needs. I have been

overwhelmed by your generosity and the quality of those items donated. Since the shelter does not have the facilities to wash donated clothes, it's essential that they are clean and in good repair when donated. I was so taken by the parishioner who left a note which carefully explained that the item had been cleaned and how to care for it in the future.

Like any home there are needed repairs and updates. Several of our youth donated their time to decorate a room and I understand their efforts were not only greatly appreciated but the job ranked right up there with HGTV results.

So, thank you St. Timothean's for reaching out! We are all called to serve and if this ministry is one you'd like to make part of your call here are a few suggestions to start you on your way.

Read the timelines to find what is needed at the shelter and drop items off in the green bin in the parish hall (located on the north wall).

Remember the shelter when you receive coupons from various department stores and buy an item to donate.

Bake some casseroles and leave them in the freezer.

Donate clean, gently used, in season clothes.

Volunteer to pick up and deliver pastries one day a week from Starbucks.

If you desire further information please contact Karen Voss.

So What's in your Medicine Cabinet, continued from page 8

dextromethorphan, the "DM" products for cough. Caffeine and benadryl products can enhance the high teens are looking for as well.

So what do we do?

Secure the home – lock up needed meds and dispose of unneeded meds. Do not keep these prescription meds in typical places and don't carry them with you. If need be, keep only small quantities on your person. Keep large quantities in places they would not look.

Spend time with kids and talk to them about drugs. Don't take a "let them be free" attitude. Offer to teach them bridge or simpler card games and board games. Let them know they can call you or drop by without an invitation or even notice if need be. Let them know you can offer a safe ride home anytime.

Use internet sources like "theantidrug.com" and "drugfreeworld.com" to learn more and get more ideas on what to do. Visit and setup a Facebook account, then request (and insist) on being " a friend" to your loved ones on Facebook. How cool grandma or grandpa ! Facebook accounts are free and easy.

Watch for changes in behavior and unusual habits (appetite changes, sleep changes, dress attire, new and questionable friends and attitudes). Confront these concerns straight up.

As a grandparent or parent or neighbor or friend, use your special relationship to support the teen. Kids will listen to you, all you have to do is try.

Financial Report by Kim Harman

The following is a summary of the year-to-date income and expense statement through December 2010. If you have any questions or comments, please contact the Treasurer, Mary Sheldahl or e-mail sttimsbookkeeper@msn.com. Note: This is not an end of year report.

January through December 2010

	Where we are	What we expected*	Budget for 2010
Pledges/Plate	\$338,620	\$342,898	\$358,574
Other income & contributions	71,923	74,418	33,125
Total Income	\$410,543	\$417,316	\$391,699
Community Ministry	60,502	61,012	61,012
Christian Formation	9,990	9,533	6,841
Liturgy & Music	23,621	22,447	22,447
Pastoral Ministry	0	300	300
Parish Life	2,409	3,650	3,650
Administration	308,868	317,680	297,449
Total Expenses	\$405,390	\$414,622	\$391,699
Surplus/(Deficit)	\$5,153	\$2,694	0

The Diocesan Loan Balance is \$46,757.79.

*In April 2010, the Vestry reviewed the budget and made adjustments; this is what we expected. The budget for 2010 was the original budget approved at the end of 2009.

Happy
Valentine's
Day

St. Timothy's

Episcopal Church & Preschool
1020 24th Street, West Des Moines, IA
50266

Celebrating and sharing God's love in a
welcoming faith community

**Don't forget: The Deadline for the
March *St. Timothean*
is February 15.**

Church office email: office@sttimothysiowa.org
St. Timothy's Web Page: www.sttimothysiowa.org
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